



Intro to Shamanism

Compassionate WATER Module Schedule

29 March – 11 May

(All times South African Standard Time - SAST)

1st New Moon Phase (begins 29 March) - Accumulation of the New Self:

1) Intro to Compassionate WATER Module (Live Talk)

Saturday 29 March 14:45- 18:00PM (SAST)

3) Opening the Gates & New Moon Ritual (Live TALK)

Sunday 30 March 08:45 -12:00PM (SAST)

4) Empowerment Ritual: PREPARATION for Gathering the New Self

On or soon after the New Moon on 29 March

You are invited to do your ritual practices on your own. Guidance given on the Ritual. Your ritual preparation must begin soon after the New Moon.

1st Full Moon Phase (begins 13 April) - Dissemination of the New Self:

5) Ritual for Releasing the New Self into the World

On or soon after the Full Moon on 13 April

You are invited to do your ritual practices on your own. Guidance given on the Ritual. Your ritual must be completed soon after the Full Moon.

6) Nature-Based Wisdom Share (Live Talk)

Monday 14 April 19:00PM – 21:00PM (SAST)

Together we will develop your work and prepare you for the ritual work ahead. These sessions will include sharing your process and for integrating new insights into your life.

2nd New Moon Phase (begins 27 April) - Accumulation of the New Relational Self:

7) Ritual for Empowering the New Self in Relationships

On or soon after the New Moon on 27 April

You are invited to do your ritual practices on your own. Guidance given on the Ritual. Your ritual must be completed soon after the New Moon.

8) Nature Based Wisdom Share (Live Talk)

Monday 28 April 19:00PM – 21:00PM (SAST)

Together we will develop your work and prepare you for the ritual work ahead. These sessions will include sharing your process and for integrating new insights into your life.

9) Compassionate WATER Closing Ceremony (live Talk)

Saturday 10 May 14:45 – 18:00PM (SAST)

A live appearance demonstrates alignment and integrity towards your intention and your relationship to yourself, Mother Earth and the community.

2nd Full Moon (12 May) - Dissemination of the New Relational Self:

10) Ritual for Releasing the New Relational Self into the World

To be completed soon after the Closing Ceremony on 11 May

You are invited to do your ritual practices on your own. Guidance given on the Ritual. Your ritual must be completed soon after the Full Moon.

13) Integration (Highly Recommended)

This disseminating phase of the Full Moon before the start of the Grounded Earth Module is used for integration. While actively practicing your newly learned meditation skills, council training, and ritual practices, allow the mind and body to rest, open, and be peaceful.